



## Categories and Requirements

### ISU categories

#### **Basic Novice-couples**

ISU Communication 2024 and younger

#### **Advanced Novice-couples**

ISU Communication 2024

#### **Adults Silver Dance-couples**

According to requirements as in International Adult Figure Skating Competition 2017- Oberstdorf, Germany.

### Finnish ice dance evaluation system

#### Beginners-couples

Age Requirements:

Girl and boy have reached at least the age of eight (8) and have not reached the age of fourteen (14) before July 1st 2016.

#### Pattern Dances:

Dutch Waltz, 3 sequences

Tango Canasta, 4 sequences

**Free Dance** with elements as follows:

1 Dance Spin

Not Touching Step Sequence (NtSt) including minimum: 1 difficult turn and Single Twizzle

Long Pose, minimum 3 s. for both skaters

Two (2) three turns in Walz hold for both skaters

One Set of Twizzles

Duration maximum 1 min 30 s.

Vocal music is not allowed.

## Solo-ice dance categories with Finnish ice dance evaluation

### **Beginners**

Age Requirements:

Girl and boy have reached at least the age of eight (8) and have not reached the age of fourteen (14) before July 1st 2016.

### **Pattern Dances:**

Dutch Waltz, 3 sequences

Tango Canasta, 4 sequences

**Free Dance** with elements as follows:

1 Dance Spin

1 Step Sequence

Long Pose, minimum 3 s.

One Set of Twizzles

Duration maximum 1 min 30 s.

Vocal music is not allowed.

### **Novice**

Girl/Boy has reached at least the age of ten (10) and has not reached the age of fifteen (15) before July 1st 2016.

### **Pattern dances:**

#2 Foxtrot, 4 sequences

#5 American Waltz, 2 sequences

### **Free Dance**

with elements as follows:

1 Dance Spin

1 Step Sequence

1 Set of Twizzles

Long Pose, minimum 3 s.

Duration 1 min 30 s. +/- 10 s.

### **Advanced novice**

Girl/Boy has reached at least the age of ten (10) and girl has not reached the age of fifteen (15) and boy has not reached the age of seventeen (17) before July 1st 2016.

#### **Pattern dances:**

#12 Kilian, 6 sequences

#23 Blues, 3 sequences

#### **Free Dance** with elements as follows:

1 Dance Spin

1 Step Sequence

1 Set of Twizzles

Long Pose, minimum 3 s.

Duration 2 min +/- 10 s.

### **Junior**

Girl/Boy has reached at least the age of thirteen (13) and girl has not reached the age of nineteen (19) and boy has not reached the age of twenty-one (21) before July 1st 2016.

Solo-juniors compete only pattern dances and short dance.

#### **Pattern dances:**

#3 Rocker Foxtrot, 4 sequences

#9 Starlight Waltz, 2 sequences

#### **Short dance** with elements as follows:

1 Dance Spin

1 Step Sequence

1 Set of Twizzles

2 Sequences of Cha Cha Congelado

Duration 2 min 30 sec. +/- 10 s.