

2024 HELSINKI, FINLAND SOLO ICE DANCE INTERNATIONAL

April 6-7, 2024



Hosted by
Helsingin Luistelijat Figure Skating Club

The 2024 Helsinki Solo Ice Dance International will be conducted in accordance with the ISU International Solo Ice Dance Competition Guidelines 2023/24 General Rules and Requirements and the International Solo Ice Dance Competition Guidelines 2023/24 Technical Rules and Level Requirements. Skaters must provide a passport or other proof of age to verify they meet the age requirements as outlined in the International Solo Ice Dance Competition Guidelines.

Competition Venue

The Competition will take place at Herttoniemi Ice Rink, Helsinki, Finland. The ice surface is 28 meters by 58 meters with rounded corners. The rink is heated.

Rink Name: Herttoniemi Jäähalli
Address: Abraham Wetterin tie 1, 00810, Helsinki, Finland



Event Requirements

The requirements for International Solo Ice Dance Competitions will follow the requirements announced annually in the ISU International Solo Ice Dance Guidelines:

- General Rules and Requirements
- Technical Rules and Requirements
- Scale of Values

Events offered will be:

- Basic Novice 2 Pattern Dances and 1 Free Dance
- Intermediate Novice 2 Pattern Dances and 1 Free Dance
- Advanced Novice 2 Pattern Dances and 1 Free Dance
- Junior 1 Rhythm Dance and 1 Free Dance
- Senior 1 Rhythm Dance and 1 Free Dance

The Pattern Dances and Rhythm Dance will be skated prior to the Free Dance.

Age Requirements (met before July 1st preceding the competition):

- Novice:
 - Basic Novice – has not reached the age of thirteen
 - Intermediate Novice – has not reached the age of fifteen
 - Advanced Novice – has reached the age of ten and has not reached the age of seventeen
- Junior – has reached the age of thirteen and has not reached the age of nineteen
- Senior – has reached the age of sixteen

Technical Requirements

Senior Solo Ice Dance:

- Rhythm Dance (2"50 +/- 10 sec)
- Free Dance (3"10 +/- 10 sec)

Junior Solo Ice Dance:

- Rhythm Dance (2"50 +/- 10 sec)
- Free Dance (3"00 +/- 10 sec)

Advanced Novice Solo Ice Dance:

- Rocker Foxtrot
- Starlight Waltz
- Free Dance (2"20 +/- 10 sec)

Intermediate Novice Solo Ice Dance :

- Foxtrot
- European Waltz
- Free Dance (1"50 +/- 10 sec)

Basic Novice Solo Ice Dance:

- Fourteenstep
- Tango Canasta
- Free Dance (1"30 +/- 10 sec)



For information about required elements please refer to the International Solo Ice Dance Rules & Requirements <https://www.isu.org/figure-skating/events/solo-ice-dance>.

Entry Fee

The entry fee for all events will be 90€. The entry fee will be invoiced and sent via e-mail to the clubs after confirmation. The invoice must be paid at latest on the due date: Monday 18th of March 2024. In case of non-payment, the OC reserves the right to consider the pertinent entries withdrawn. In case a skater(s) has been entered in the competition, but cannot participate, they can be replaced by another skater(s) in the same category and class until the draw. Participating clubs are asked to inform immediately of any changes in their entries by emailing sido2024.contact@gmail.com. The entry fee will only be refunded in cases when the withdrawal of the skater(s) occurs seven (7) days before the closing date: Friday 15th of March 2024, or upon presentation of an official certificate stating a medical reason preventing the participation.

Competition Registration

Entries must be submitted to the OC via the electronic Entry Form no later than Thursday March 7th, 2024 to the following email: sido2024.contact@gmail.com. Confirmation of entries will be sent no later than Friday 8th of March 2024. Please do not make any travel arrangements until you receive the confirmation of entries.

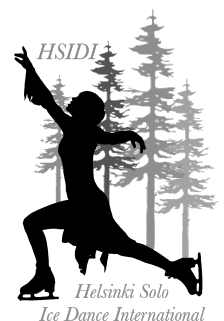
Panel of Judges

Each participating ISU Member may nominate one international judge or ISU judge educated in the ISU judging system. The organizer decides on the composition of the panel of judges. In case of too many nominated judges, the organizer reserves the right to reduce the number of judges. The Members concerned will then be notified of the result. The OC will cover the board and lodging for accepted judges and invited officials as of the dinner on the day before the start of their activity until the end of their activity, or for the day when the official is on duty.

Nominations are to be sent via email to sido2024.contact@gmail.com

The OC will provide and cover the expenses for travel (based on economy fare), rooms and meals in accordance with Finland's general travel policy for the invited Referees, Technical Controllers, Technical Specialists and Data Operators. Should any Official arrive at the hotel before or stay longer than the period afore-mentioned, the expenses will be their own responsibility and must be paid upon arrival.

The OC will not cover any expenses for Competitors, Team Leaders, Coaches, or Chaperones.



Accommodation

All Teams must cover their accommodation expenses by themselves.

Hotel Options:

Original Sokos Hotel Presidentti	112€	Standard Single
Eteläinen Rautatiekatu 4	112€	Standard Twin
00100 Helsinki	132€	Standard Twin with extra bed

Booking Code "BSIDO24"

<https://www.sokshotels.fi/en/hotels/helsinki/original-sokos-hotel-presidentti>

Original Sokos Hotel Tripla	99€	Standard Single
Fredikanterassa 1 B	99€	Standard Double /
00520 Helsinki		Standard Twin
<i>Booking Code "BSIDO24"</i>	120€	Standard Double with extra bed

<https://www.sokshotels.fi/en/hotels/helsinki/original-sokos-hotel-tripla>

Scandic Hotels

Booking Code "FIARB"

<https://www.scandichotels.com>

<https://www.scandichotels.com/?bookingcode=FIARB>

Accreditation

The official accreditation point will be at the Sokos Original Hotel Presidentti on Friday April 5th from 6pm and then at Herttoniemi Ice Rink on Saturday April 6th from 7.30am.

Accreditations will be given to all Competitors, Coaches, Officials, Team Leaders and other Team Members. An official identity document must be presented at the accreditation for verification.

Accreditation will be made only for skaters whose entry fees have been paid. It is not possible to pay the entry fee on site.

Opening Draw

The Starting Order draw will take place at the Original Sokos Hotel Presidentti, Eteläinen Rautatiekatu 4, 00100 Helsinki on Friday April 5th at 6.30pm, all participants are invited to attend. The Starting Order for Free Dances will be the reverse of the Pattern Dances and Rhythm Dances results.



Music

The participating clubs are responsible for submitting their skaters' music(s) as a direct attachment to an email to the OC (sido2024.contact@gmail.com) by March 18th, 2024.

Please note: some music files might exceed the size of a regular email. In this case, an email-based transfer service which allows to send large files could be used to send the file to the OC. Each Skater must have their own back-up drive (USB stick) for each program in the format of a WAV or an MP3 file.

The exact running time of the music (not skating time) must be communicated to the OC when submitting the music and shall be certified by the Competitor/Coach/Team Leader at the time of registration.

Example for music files:

AN_FD_Michael_GRANT_FIN

AN_Rocker_Foxtrot_Michael_GRANT_FIN

NB: CDs will not be accepted by the Organizing Committee.

Planned Program Content Sheet

The Program Content Sheet for all categories must be returned to the OC no later than Monday 18th of March 2024 by e-mail to sido2024.contact@gmail.com. It is mandatory that the Program Content sheet be filled precisely by each Skater in English using the terminology for the elements listed in the respective Solo Ice Dance Scale of Values.

Presentation of Medals

The first three best placed Competitors in each event will be announced and honored on the ice. Group pictures with all the competitors will take place following the reward ceremony.

Insurance / Liability

It is the sole responsibility of each Member participating in the competition to provide medical and accident insurance for their athletes, officials and all other members of the member's team. Such insurance must assure full medical attendance including the return to the home country by air transport or by other expeditious means of the ill or injured person(s).

The OC assumes no responsibility nor liability with regards to bodily or personal injury nor is the OC liable for any property damage incurred by Competitors or Officials. The OC will provide Medical Emergency Aid during the Competition.



Transportation

The nearest airport to Helsinki is Vantaa Airport (HEL), with a distance of 45 mins approx. to the city center.

Transfer from the airport to the Helsinki main railway station is frequent and easy. Local train lines "I" and "P" take 45mins door to door.

Please download the HSL mobile application for easy journey planning and ticket purchase.

Preliminary Time Schedule

Friday March 8 th , 2024:	Confirmation of entries
Friday April 5 th , 2024:	Starting Order Draw
Saturday April 6 th , 2024	Pattern Dances and Rhythm Dances
Sunday April 7 th , 2024	Free Dances Podiums

A provisional schedule will be sent out to all participating clubs upon the confirmation of the competition. Additional information will be provided after the confirmation of entries.

Contact Info

Direct all inquiries to sido2024.contact@gmail.com.

Welcome to Helsinki!

