



FINNISH SOLO ICE DANCE OPEN
15th-16th April 2023

ANNOUNCEMENT / INVITATION

Helsingin Luistelijat is pleased to announce the Finnish Solo Ice Dance Open 2023. This competition is open to invited clubs and will feature Finnish solo dance finals for the Finnish participants. Entries can be accepted from four (4) clubs per category only. Acceptance will be communicated on individual basis upon enrolment.

All competitions events will be held in Helsinki from 15th to 16th April 2023 at the competition venue:

Oulunkylä ice rink
Käskynhaltijantie 11,
00620 Helsinki

Size of the ice rink is 58x28m.

1. GENERAL REGULATIONS

The Competition will be conducted in accordance with the ISU Constitution and General Regulations 2022, the ISU Special Regulations and Technical Rules for Ice Dance 2022 and the relevant ISU Communications.

In addition, this Solo Ice Dance event will be conducted according to the Finnish Solo Ice Dance Rules and Regulations for the season 2022-2023. In the future it will follow the ISU Solo Ice Dance Rules & Regulations and corresponding communications. The Competition results are calculated according to the valid ISU Special Regulations for Ice Dance, currently rules 352 and 353, including the Finnish Solo Ice Dance Scales of Value.

Citizen / Residency requirements and Clearance Procedure

Participation in the Finnish Solo Ice Dance Open 2023 is open to all competitors who belong to an ISU Member, and qualify with regards to eligibility, according to the Finnish Solo Ice Dance Age Categories.

2. ENTRIES

Each invited club, as a member of the National Figure Skating Federations associated with the ISU, may enter as many skaters as they would like to. The Organising Committee reserves the right allow more, or less skaters in each category depending on the number of provisional entries.

2.1 Preliminary Entry form

The enrolment for the Finnish Solo Ice Dance Finals 2023 must be submitted by e-mail to the Organising Committee jt.kilpailut@hl.fi not later than on 18th March 2023 with the following documents:

- Completed entry forms
- ISU Clearance Certificate, if applicable

Entries submitted after March 18th 2023 will be considered Late Entries.

Entries submitted after March 23rd 2023 will not be accepted.

Confirmation of entries will be sent out upon payment of the entry fee. Please make your travel arrangements only after receiving the invoice.

2.2 Entry Fees

For the clubs outside Finland:

90€ per Solo Ice Dance Skater

180€ per Later Entry

For the clubs in Finland:

60€ per Solo Ice Dance Skater

60€ per Ice Dance Couple

120€ per Late Entry

In addition, concerning the Finnish clubs, each entry will be charged proportionally a share of travel expenses related to judging and technical panels in accordance with the rule 15.3. of the Finnish Skating Association.

The fees will be refunded only in cases when the withdrawal of the athlete(s) happens seven (7) days before the closing date of the draw, 4th April 2023 or upon presenting an official certificate stating a medical reason preventing the participation.

Entry fees will be invoiced to the clubs soon after the enrolment and the invoice must be paid at soonest yet latest on due date 4th April 2023. In case of non-payment, the Organising Committee reserves the right to consider the pertinent entries withdrawn.

2.3 Expenses of Competitors and Teams

The Organising Committee will not cover any expenses for Competitors, Coaches and/or Team Leaders. Travel, board, and accommodation expenses must be paid by each participant.

3. MUSIC

In accordance with Rule 343 in the ISU Special Regulations & Technical Rules Single & Pair Skating and Ice Dance, the following method to submit the Competitor's music to the Organising Committee must be followed:

- the participating clubs are responsible for submitting their competitor's music as direct attachment to an email to the Organising Committee jt.kilpailut@hl.fi by 24th March 2023.

Please note: some music files might exceed the size of a regular email. In this case, an email-based transfer service, which allows to send large files could be used to send the file to the Organising Committee.

- Each submission shall be labelled with the name of the ISU Member, name of the category, segment and the name(s) of the competitor(s):

Example:

GER_SoloBN_PD1_MUSTERMANN-Max

GER_SoloAN_FD_MUSTERMANN-Max

SUI_IceDance_RD_MUSTERMANN-Erika_MUSTERMANN-Max

- The music files must be sent as WAV or MP3 file formats. Any other format is not acceptable.

Please note: Files in MP3 format may have a significant difference in the music quality when reproduced. The Organising Committee in this case is not responsible if the music quality would be insufficient.

- Each Competitor must have their own back-up drive (USB Stick) for each program in the format of a WAV or MP3 file.
- The exact running time of the music (not skating time) must be communicated to the Organising Committee when submitting the music.

NB. CDs will not be accepted by the Organising Committee.

4. PLANNED PROGRAM CONTENT

The "Program Content Sheet" must be returned to the Organising Committee by 24th March 2023 by email to jt.kilpailut@hl.fi and it must be filled in precisely by each skater in English using the Terminology for the elements listed in the Finnish Solo Ice Dance Rules and respective ISU Communication.

5. ACCREDITATION

The official accreditation point will be at the Ice Rink, from 8:30am on April 15th 2023. Accreditations will be given to all Competitors, Coaches, Officials, Team Leaders, and other Team Members. Accreditation will not be handed out without presentation of a valid proof of identification.

6. OPENING DRAW

The Pattern Dances for Beginner, Basic Novice and Intermediate Novice categories will be drawn on Tuesday 21st March 2023. An informative email will be sent out to all participating clubs following the draw.

The Starting Order draw will take place electronically on Tuesday April 11th 2023. The Starting Order for Free Dances will be the reverse of the Pattern Dances and Rhythm Dances results.

7. PRESENTATION OF MEDALS

The first three best placed Competitors in each event will be announced and honoured. Regarding the Finnish Solo Ice Dance Finals, the three best placed Finnish skaters in each category will be announced and honoured.

8. INSURANCE / LIABILITY

According to ISU rules, Helsingin Luistelijat ry and the Organising Committee accepts no liability or responsibility with respect to bodily or personal injury or for property loss or damage incurred by Competitors or Officials in connection with the Solo Ice Dance Open 2023. There will be a first aider on site at all times during the competition.

9. ACCOMMODATION

Skaters, Coaches and other Team members must make their own arrangements for accommodation. Some hotel options:

[Scandic Pasila](#)

Maistraatinportti 3, 00240 Helsinki

Phone: +358 9 4282 6210

E-mail: pasila@scandichotels.com

<https://www.scandichotels.fi/hotellit/suomi/helsinki/scandic-pasila>

[Finlandia Park Hotel Helsinki](#)

Pohjolankatu 38, 00610 Helsinki

Phone: +358 9 799755

E-mail: parkhotel@park.fi

<https://parkhotel.fi/hotelli/>

[Hotel Haaga Central Park](#)

Nuijamiestentie 10, 00320 Helsinki

Phone: +358 9 5807 877

E-mail: hotel@haaga.fi

<https://www.hotelhaaga.fi/>

10. TRAVELLING TO HELSINKI

The nearest airport to Helsinki is Vantaa Airport (HEL), with a distance of approximately 45 min to the city center and 20 min from the venue. Transfer from the Airport to the main central station is frequent and easy. Local train lines "I" and "P" take 45 min from door to door. Bus number 615 provides also a quick transfer.

Please download the HSL mobile application for an easier commute.

We wish you welcome!

Competition Director

Ms Anne Lahti

jt.kilpailut@hl.fi

Distribution

Invited clubs: Porin Taitoluistelu, Joensuun Kataja,
Saint Gervais, Annecy, Budapest

Cc:

FFSA Laura Tykkyläinen

Annexes

Technical data
Entry form
Planned program content form
Preliminary timetable

Please follow our web pages:

www.hl.fi/sido2023

Please note: The Organising Committee reserves the right to cancel the Finnish Solo Ice Dance Open if national/local officials' recommendation or suggestion prevents conducting the event. Organiser will also comply with any requirements and suggestions provided by national/local

officials at the time of the event e.g., EU COVID pass might be required upon entry. The Organiser will inform you of the requirements closer to the event – the situation can change also on short notice. Please, check the restrictions regarding traveling to Finland on: <https://valtioneuvosto.fi/en/information-on-coronavirus/current-restrictions/travel-to-and-from-finland>

Annex I

TECHNICAL DATA

ICE DANCE SOLO CATEGORIES

Solo Senior Ice Dance

- Rhythm Dance

In accordance with the [Finnish Solo Ice Dance Technical Rules 2022-2023](#):

- One (1) Pattern Dance Type Step Sequence (Style D)
 - One (1) Short Pose
 - One (1) Step Sequence (Style B)
 - One (1) Set of Sequential Twizzles
 - One (1) Choreographic Rhythm Sequence
- Duration 2 min. 50 sec., +/- 10sec.

- Free Dance

In accordance with [Finnish Solo Ice Dance Technical Rules 2022-2023](#):

- Three (3) Different Types of Short Poses // OR // One (1) Combination Pose and one (1) Short Pose
- One (1) Dance Spin or Combination Spin
- One (1) Step Sequence (Style B)
- One (1) One Foot Step Sequence
- One (1) Set of Solo Twizzles (FD variation)
- Three (3) Different Choreographic Elements chosen from: ChSp, ChTw, ChSl, ChSt, ChAJ

Duration: 3 min. 30 Sec., +/- 10 sec

Solo Junior Ice Dance

- Rhythm Dance

In accordance with the [Finnish Solo Ice Dance Technical Rules 2022-2023](#):

- One (1) Sequence of the Argentine Tango
 - One (1) Short Pose
 - One (1) Step Sequence (Style B)
 - One (1) Set of Sequential Twizzles
- Duration 2 min. 50 sec., +/- 10sec.

- Free Dance

In accordance with [Finnish Solo Ice Dance Technical Rules 2022-2023](#):

- Two (2) Different Types of Short Poses // OR // One (1) Combination Pose
- One (1) Dance Spin
- One (1) Step Sequence (Style B)
- One (1) One Foot Step Sequence
- One (1) Set of Solo Twizzles (FD variation)
- Two (2) Different Choreographic Elements chosen from: ChSp, ChTw, ChSl, ChSt, ChAJ

Duration 3 min. +/- 10 sec.

Solo Advanced Novice Ice Dance

The Competition Comprises the Two (2) Pattern Dances, as well as the Free Dance, which have to be skated according to the [Finnish Solo Ice Dance Technical Rules 2022-2023](#):

- Pattern Dances

Two (2) Pattern Dance are to be skated:

- Westminster Waltz
- Argentine Tango

Skaters shall provide their own music for all Pattern Dances.

- Free Dance

A well-balanced Free Dance will contain:

- One (1) Type of Short Pose
- One (1) Dance Spin (Spin or Combination Spin)
- One (1) Step Sequence (Style B)
- One (1) Set of Solo Twizzles (FD Variation)
- Two (2) Choreographic Element (from ChSp, ChTw, ChSl, ChSt, ChAJ)

Duration 2 min. 30 sec., +/- 10 sec.

Solo Intermediate Novice Ice Dance

The Competition Comprises the Two (2) Pattern Dances, as well as the Free Dance, which have to be skated according to the [Finnish Solo Ice Dance Technical Rules 2022-2023](#):

- Pattern Dances

One of the two groups, announced for the season. Each group contains two (2) Pattern Dances:

- Group 1: Rocker Foxtrot and American Waltz
- Group 2: Fourteenstep and Tango

One of the two groups announced for the season shall be drawn in advance and announced in the competition confirmation. Skaters shall provide their own music for all Pattern Dances.

- Free Dance

A well-balanced Free Dance will contain:

- One (1) Type of Short Pose
- One (1) Dance Spin (Spin or Combination Spin)
- One (1) Set of Solo Twizzles (FD Variation)
- Two (2) Choreographic Element (from ChSp, ChTw, ChSl, ChSt, ChAJ), one of which must be a Choreographic Character Step Sequence

Duration 2 min., +/- 10 sec

Solo Basic Novice Ice Dance

The Competition comprises the Two (2) Pattern Dances, as well as the Free dance, which have to be skated according to the [Finnish Solo Ice Dance Technical Rules 2022-2023](#):

- Pattern Dances

Two (2) Pattern Dances are to be skated from the following:

- Swing Dance, Willow Waltz, Tango Fiesta

Two of the four dances announced for the season shall be drawn in advance and announced in the competition confirmation. Skaters shall provide their own music for all Pattern Dances.

- Free Dance

A well-balanced Free Dance will contain:

- One (1) Type of Short Pose

- One (1) Dance Spin (Spin or Combination Spin)
 - One (1) Set of Solo Twizzles (FD Variation)
 - Two (2) Choreographic Element (from ChSp, ChTw, ChSl, ChSt, ChAJ), one of which must be a Choreographic Character Step Sequence
- Duration 1 min. 30 sec., +/- 10 sec

Solo Beginner Ice Dance

The Competition comprises the Two (2) Pattern Dances, as well as the Free dance, which have to be skated according to the [Finnish Solo Ice Dance Technical Rules 2022-2023](#):

- Pattern Dances

Two (2) Pattern Dances are to be skated:

- Dutch Waltz (2 Sequences)
- Tango Canasta (4 Sequences)

Skaters shall provide their own music for all Pattern Dances.

- Free Dance

A well-balanced Free Dance will contain:

- One (1) Type of Short Pose
- One (1) Dance Spin (Spin or Combination Spin)
- One (1) Set of Solo Twizzles (FD Variation)
- Two (2) Choreographic Element (from ChSp, ChTw, ChSl, ChSt)

Duration 1 min. 30 sec., +/- 10 sec

Gold Solo Adult (only Pattern Dance competition)

The Competition comprises the Two (2) Pattern Dances (ladies' steps)

- Pattern Dances

Two (2) Pattern Dances are to be skated:

- Viennese Waltz, Quickstep

Adult skaters shall provide their own music for all Pattern Dances.

<https://isu.org/figure-skating/events/adult-figure-skating>

ADULT ICE DANCE CATEGORY – open to HL only

Bronze Adult (only Pattern Dance competition)

The Competition comprises the Two (2) Pattern Dances

- Pattern Dances

Two (2) Pattern Dances are to be skated:

- Willow Waltz, Foxtrot

Adult skaters shall provide their own music for all Pattern Dances.

<https://isu.org/figure-skating/events/adult-figure-skating>

Annex IV

PRELIMINARY TIME SCHEDULE

Deadlines

March 18 th 2023	Enrolment Deadline
March 19-23 rd 2023	Late Entry
March 19 th 2023	Communication of Acceptance

Forms & files

Music	No later than March 24 th 2023
Planned Program Content Sheet	No later than March 24 th 2023

Provisional Schedule

Tuesday 21 st March 2023	Pattern Dance Draw
Tuesday 11 th April 2023	Starting Order Draw
Saturday 15 th April 2023	Accreditation
10:00-16:00	Adult categories Pattern Dances
	Beginner Pattern Dances
	Basic Novice Pattern Dances
	Intermediate Novice Pattern Dances
	Advanced Novice Pattern Dance
	Junior Rhythm Dance
	Senior Rhythm Dance
Sunday 16 th April 2023	
08:00-12:00	Beginner Free Dance
	Basic Novice Free Dance
	Intermediate Novice Free Dance
	Advanced Novice Free Dance
	Junior Free Dance
	Senior Free Dance