



FINNISH ICE DANCE OPEN
18th-19th February 2023

ANNOUNCEMENT / INVITATION

Helsingin Luistelijat is pleased to announce the Finnish Ice Dance Open 2023, an open international event in Figure Skating for Ice Dance and Solo Ice Dance.

1. GENERAL REGULATIONS

The Competition will be conducted in accordance with the ISU Constitution and General Regulations 2022, the ISU Special Regulations and Technical Rules for Ice Dance 2022, ISU Communication n°2242 (Guidelines for International Novice Competitions) and the relevant ISU Communications.

In addition, the Solo Ice Dance event will be conducted according to the Finnish Solo Ice Dance Rules and Regulations for the season 2022-2023. The Competition results are calculated according to the valid ISU Special Regulations for Ice Dance, currently rules 352 and 353.

Participation in the Finnish Ice Dance Open 2023 is open to all competitors who belong to an ISU Member, and qualify with regards to eligibility, according to Rule 102, provided their ages fall within the limits specified in Rule 108, paragraph 3 a) for Novice and they meet the participation, citizenship and residency requirements in Rule 109, paragraphs 1 through 5 and ISU Communication 2030 or any update of this Communication.

Citizen / Residency requirements and Clearance Procedure

In accordance with Rule 109 of the General Regulations and ISU Communication 2030 all skaters who do not have the nationality of the Member by which they have been entered or who, although having such nationality, have in the past represented another Member, must present an ISU Clearance Certificate. Passports of all skaters, as well as the ISU Clearance Certificate, if applicable, must be presented at the accreditation of the event for verification.

2. TECHNICAL DATA

All competitions events will be held in Helsinki from 18th to 19th February 2023 at the competition venue:

Pirkkola ice rink
Plotinrinne 8,
00630 Helsinki

Size of the ice rink is 30m x 60m.

2.1. ICE DANCE COUPLE CATEGORIES

Senior Ice Dance

- Rhythm Dance

In accordance with the ISU Technical Rules Ice Dance 2022, Rule 709 and all pertinent ISU Communications. Rhythms, Required Elements, and Guidelines are those listed in ISU Communication 2468 and subsequent updates.

Duration 2 min. 50 sec., +/- 10sec.

- Free Dance

In accordance with ISU Technical Rules Ice Dance 2022, Rule 710. The Required Elements to be skated are those listed in ISU Communication 2468 and subsequent updates.

Duration: 4 min. +/- 10 sec.

Junior Ice Dance

- Rhythm Dance

In accordance with the ISU Technical Rules Ice Dance 2022, Rule 709 and all pertinent ISU Communications. Rhythms, Required Elements, and Guidelines are those listed in ISU Communication 2468 and subsequent updates.

Duration 2 min. 50 sec., +/- 10sec.

- Free Dance

In accordance with ISU Technical Rules Ice Dance 2022, Rule 710. The Required Elements to be skated are those listed in ISU Communication 2468 and subsequent updates.

Duration: 3 min. 30 sec., +/- 10 sec.

Advanced Novice Ice Dance

The Competition Comprises the Two (2) Pattern Dances, as well as the Free Dance, which have to be skated according to the current ISU Rules and Regulations including the ISU Communications which are valid for the season 2022-2023.

- Pattern Dances

Two (2) Pattern Dance are to be skated:

- Westminster Waltz
- Argentine Tango

Couples shall provide their own music for all Pattern Dances.

- Free Dance

Duration: 3min. +/- 10 sec.

Intermediate Novice Ice Dance

The Competition Comprises the Two (2) Pattern Dances, as well as the Free Dance, which have to be skated according to the current ISU Rules and Regulations including the ISU Communications which are valid for the season 2022-2023.

- Pattern Dances

One of the two groups, announced for the season. Each group contains two (2) Pattern Dances:

- Group 1: Rocker Foxtrot and American Waltz
- Group 2: Fourteenstep and Tango

Couples shall provide their own music for all Pattern Dances.

- Free Dance

Duration: 2 min. 30 sec. +/- 10 sec.

Basic Novice Ice Dance

The Competition comprises the Two (2) Pattern Dances, as well as the Free dance, which have to be skated according to the current ISU Rules And regulations including the ISU Communications which are valid for the season 2022-2023.

- **Pattern Dances**

Two (2) Pattern Dances are to be skated from the following:

- Swing Dance, Willow Waltz and Tango Fiesta

Couples shall provide their own music for all Pattern Dances.

- **Free Dance**

Duration: 2min. +/- 10 sec.

2.2. ICE DANCE SOLO CATEGORIES

Solo Senior Ice Dance

- **Rhythm Dance**

In accordance with the [Finnish Solo Ice Dance Technical Rules 2022-2023](#):

- One (1) Pattern Dance Type Step Sequence (Style D)
- One (1) Short Pose
- One (1) Step Sequence (Style B)
- One (1) Set of Sequential Twizzles
- One (1) Choreographic Rhythm Sequence

Duration 2 min. 50 sec., +/- 10sec.

- **Free Dance**

In accordance with [Finnish Solo Ice Dance Technical Rules 2022-2023](#):

- Three (3) Different Types of Short Poses // OR // One (1) Combination Pose and one (1) Short Pose
- One (1) Dance Spin or Combination Spin
- One (1) Step Sequence (Style B)
- One (1) One Foot Step Sequence
- One (1) Set of Solo Twizzles (FD variation)
- Three (3) Different Choreographic Elements chosen from: ChSp, ChTw, ChSl, ChSt, ChAJ

Duration: 3 min. 30 Sec., +/- 10 sec

Solo Junior Ice Dance

- Rhythm Dance

In accordance with the [Finnish Solo Ice Dance Technical Rules 2022-2023](#):

- One (1) Sequence of the Argentine Tango
- One (1) Short Pose
- One (1) Step Sequence (Style B)
- One (1) Set of Sequential Twizzles

Duration 2 min. 50 sec., +/- 10sec.

- Free Dance

In accordance with [Finnish Solo Ice Dance Technical Rules 2022-2023](#):

- Two (2) Different Types of Short Poses // OR // One (1) Combination Pose
- One (1) Dance Spin
- One (1) Step Sequence (Style B)
- One (1) One Foot Step Sequence
- One (1) Set of Solo Twizzles (FD variation)
- Two (2) Different Choreographic Elements chosen from: ChSp, ChTw, ChSI, ChSt, ChAJ

Duration 3 min. +/- 10 sec.

Solo Advanced Novice Ice Dance

The Competition Comprises the Two (2) Pattern Dances, as well as the Free Dance, which have to be skated according to the [Finnish Solo Ice Dance Technical Rules 2022-2023](#):

- Pattern Dances

Two (2) Pattern Dance are to be skated:

- Westminster Waltz
- Argentine Tango

Skaters shall provide their own music for all Pattern Dances.

- Free Dance

A well-balanced Free Dance will contain:

- One (1) Type of Short Pose
- One (1) Dance Spin (Spin or Combination Spin)
- One (1) Step Sequence (Style B)
- One (1) Set of Solo Twizzles (FD Variation)
- Two (2) Choreographic Element (from ChSp, ChTw, ChSI, ChSt, ChAJ)

Duration 2 min. 30 sec., +/- 10 sec.

Solo Intermediate Novice Ice Dance

The Competition Comprises the Two (2) Pattern Dances, as well as the Free Dance, which have to be skated according to the [Finnish Solo Ice Dance Technical Rules 2022-2023](#):

- Pattern Dances

One of the two groups, announced for the season. Each group contains two (2) Pattern Dances:

- Group 1: Rocker Foxtrot and American Waltz
- Group 2: Fourteenstep and Tango

Skaters shall provide their own music for all Pattern Dances.

- Free Dance

A well-balanced Free Dance will contain:

- One (1) Type of Short Pose
- One (1) Dance Spin (Spin or Combination Spin)
- One (1) Set of Solo Twizzles (FD Variation)
- Two (2) Choreographic Element (from ChSp, ChTw, ChSl, ChSt, ChAJ), one of which must be a Choreographic Character Step Sequence

Duration 2 min., +/- 10 sec

Solo Basic Novice Ice Dance

The Competition comprises the Two (2) Pattern Dances, as well as the Free dance, which have to be skated according to the [Finnish Solo Ice Dance Technical Rules 2022-2023](#):

- Pattern Dances

Two (2) Pattern Dances are to be skated from the following:

- Swing Dance, Willow Waltz, Tango Fiesta

Skaters shall provide their own music for all Pattern Dances.

- Free Dance

A well-balanced Free Dance will contain:

- One (1) Type of Short Pose
- One (1) Dance Spin (Spin or Combination Spin)
- One (1) Set of Solo Twizzles (FD Variation)
- Two (2) Choreographic Element (from ChSp, ChTw, ChSl, ChSt, ChAJ), one of which must be a Choreographic Character Step Sequence

Duration 1 min. 30 sec., +/- 10 sec

Solo Beginner Ice Dance

The Competition comprises the Two (2) Pattern Dances, as well as the Free dance, which have to be skated according to the [Finnish Solo Ice Dance Technical Rules 2022-2023](#):

- Pattern Dances

Two (2) Pattern Dances are to be skated:

- Dutch Waltz (2 Sequences)
- Tango Canasta (4 Sequences)

Skaters shall provide their own music for all Pattern Dances.

Free Dance

A well-balanced Free Dance will contain:

- One (1) Type of Short Pose

- One (1) Dance Spin (Spin or Combination Spin)
 - One (1) Set of Solo Twizzles (FD Variation)
 - Two (2) Choreographic Element (from ChSp, ChTw, ChSl, ChSt)
- Duration 1 min. 30 sec., +/- 10 sec

Solo Basic Novice Ice Dance Open Category

Age Restriction: Has not reached the age of seventeen (17) as of July 1st 2022.

The Competition comprises the Two (2) Pattern Dances, as well as the Free dance, which have to be skated according to the [Finnish Solo Ice Dance Technical Rules 2022-2023](#):

- **Pattern Dances**

Two (2) Pattern Dances are to be skated:

- Willow Waltz, Tango Fiesta

Skaters shall provide their own music for all Pattern Dances.

- **Free Dance**

A well-balanced Free Dance will contain:

- One (1) Type of Short Pose
- One (1) Dance Spin (Spin or Combination Spin)
- One (1) Set of Solo Twizzles (FD Variation)
- Two (2) Choreographic Element (from ChSp, ChTw, ChSl, ChSt, ChAJ), one of which must be a Choreographic Character Step Sequence

Duration 1 min. 30 sec., +/- 10 sec

Bronze Solo Adult (only Pattern Dance competition)

The Competition comprises the Two (2) Pattern Dances (ladies' steps)

- **Pattern Dances**

Two (2) Pattern Dances are to be skated:

- Willow Waltz, Foxtrot

Silver Solo Adult (only Pattern Dance competition)

The Competition comprises the Two (2) Pattern Dances (ladies' steps)

- **Pattern Dances**

Two (2) Pattern Dances are to be skated:

- Rocker Foxtrot, Starlight Waltz

Gold Solo Adult (only Pattern Dance competition)

The Competition comprises the Two (2) Pattern Dances (ladies' steps)

- **Pattern Dances**

Two (2) Pattern Dances are to be skated:

- Viennese Waltz, Quickstep

Solo Adult skaters shall provide their own music for all Pattern Dances.

<https://isu.org/figure-skating/events/adult-figure-skating>

1. ENTRIES

Each club, as a member of the National Figure Skating Federations associated with the ISU, may enter as many skaters as they would like to. The Organising committee reserves the right allow more, or less skaters in each category depending on the number of provisional entries.

3.1 Preliminary Entry form

Entries for the Finnish Ice Dance Open 2023 must be submitted to the Organising Committee fido.icedance@gmail.com not later than on 6th January 2023 by e-mail with the following documents:

- Completed entry forms
- ISU Clearance Certificate, if applicable

For the Finnish entries, the enrolment should be made via Taikkari.

Confirmation of entries will be sent not later than on 9th January 2023.

3.2 Entry Fee

75€ per Solo Skater

100€ per Couple

50€ per Solo Adult (two Pattern Dances)

The entry fee will be refunded only in cases when the withdrawal of the athlete(s) happens seven (7) days before the closing date of the draw, 7th February 2023 or upon presenting an official certificate stating a medical reason preventing the participation.

Entry fees will be invoiced to the clubs soon after the confirmation and the invoice must be paid latest on due date 7th February 2023. In case of non-payment, the organising committee reserves the right to consider the pertinent entries withdrawn.

In case a skater/couple has been entered in the competition, but cannot participate, she/he can be replaced by another skater in the same category and class until the draw. Participating clubs are asked to immediately inform of any changes in their entries by emailing fido.icedance@gmail.com.

3.3 Expenses of Competitors and Teams

The Organising Committee will not cover any expenses for competitors, coaches and/or Team Leaders. Travel, board and accommodation expenses must be paid by each participant.

2. OFFICIALS: MEALS, LODGING AND TRAVEL EXPENSES

The organiser will provide and cover the expenses for room and meals for accepted judges and invited Officials participating, as of Friday evening, 17^h February 2023 until Sunday evening, February 19th, 2023.

The organiser will provide and cover the expenses for travel (based on economy fare), rooms and meals in accordance with Finland's general travel policy for the invited Referees, Technical Controllers, Technical Specialist, and Data Operators. Should any Judge arrive at the Hotel before or stay longer than the period described above, their room costs and expenses will be the responsibility of the individual and must be paid on arrival.

3. MUSIC

In accordance with Rule 343 in the ISU Special Regulations & Technical Rules Single & Pair Skating and Ice Dance, the following method to submit the Competitor's music to the Organising Committee must be followed:

- the participating clubs are responsible for submitting their competitor's music as direct attachment to an email to the Organising Committee fido.icedance@gmail.com by 5th February 2023.

Please note: some music files might exceed the size of a regular email. In this case, an email-based transfer service which allows to send large files could be used to send the file to the Organising Committee.

- each submission shall be labelled with the name of the ISU Member, name of the category, segment and the name(s) of the competitor(s):

Example:

GER_SoloBN_PD1_MUSTERMANN-Max

GER_SoloAN_FD_MUSTERMANN-Max

SUI_IceDance_RD_MUSTERMANN-Erika_MUSTERMANN-Max

SUI_IceDance_FD_MUSTERMANN-Erika_MUSTERMANN-Max

- the music files must be sent as WAV or MP3 file formats. Any other format is not acceptable.
- Organising committee will take due care to delete received music files immediately after the competition.

Please note: Files in MP3 format may have a significant difference in the music quality when reproduced. The Organising Committee in this case is not responsible if the music quality would be insufficient.

- Each Competitor must have their own back-up drive (USB Stick) for each program in the format of a WAV or MP3 file.
- The exact running time of the music (not skating time) must be communicated to the Organising Committee when submitting the music and shall be certified by the Competitor/Coach/Team Leader at the time of registration.

NB. CDs will not be accepted by the Organising Committee.

4. PLANNED PROGRAM CONTENT

The "Program Content Sheet" must be returned to the Organising Committee by 29th January 2023 by email or Taikkari (for the Finnish) and it must be filled in precisely by each skater in English using the Terminology for the elements listed in the respective ISU Communication. It is not permitted to hand over the "Program Content Sheets" directly to the acting Officials.

5. ACCREDITATION

The official accreditation point will be at the Ice Rink, from 9am on February 18th 2023. Accreditations will be given to all Competitors, Coaches, Officials, Team Leaders and other Team Members. Accreditation will not be handed out without presentation of a valid passport.

6. OPENING DRAW

The Starting Order draw will take place electronically on Tuesday February 14th 2023. The Starting Order for Free Dances will be the reverse of the Pattern Dances and Rhythm Dances results.

7. PRESENTATION OF MEDALS

The first three best placed Competitors in each event will be announced and honoured.

8. INSURANCE / LIABILITY

In accordance with Rule 119, it is the sole responsibility of each Member participating in the competition, to provide medical and accident insurance for their athletes, officials and all other members of the member's team. Such insurance must assure full medical attendance and also the return to the home country by air transport or by other expeditious means of the ill or injured person.

The Organiser assumes no responsibility for or liability with respect to bodily or personal injury or property damage incurred in connection incurred by Competitors or Officials. The Organiser will provide Medical Emergency Aid during the Competition.

9. ACCOMMODATION

The Organising Committee will make the room arrangements for Referees, Technical Controllers, Technical Specialists, officials and Judges. Skaters, Coaches and other Team members must make their own reservations.

[Scandic Pasila](#) (4,5 km from the venue, direct bus line 23 available)

Maistraatinportti 3, 00240 Helsinki

Phone: +358 9 4282 6210

E-mail: pasila@scandichotels.com

<http://www.scandichotels.fi/?bookingcode=BFID170223>

101 € / one night for one person

121 € / one night for two persons

141 € / one night for 2+1 persons

The prices include breakfast and free Wi-Fi.

The reservation should be made with the code BFID170223 no later than 3rd Feb 2023.

10. YOUR TRAVEL

The nearest airport to Helsinki is Vantaa Airport (HEL), with a distance of 45mins approximately to the city center and 20mins from the venue. Transfer from the Airport to the main central station is frequent and easy. Local train lines "I" and "P" take 45mins from door to door. Bus number "615" provides also a quick transfer.

Please download the HSL mobile application for an easier commute.

11. PRELIMINARY TIME SCHEDULE

Saturday 18th February 2022: 10:30-21:30

Sunday 19th February 2022: 08:30-16:00

A provisional schedule will be sent out to all participants upon the confirmation of the competition.

Please note: The Organising Committee reserves the right to cancel FIDO 2023 if national/local officials' recommendation or suggestion prevents conducting the event. Organizer will also comply with any requirements and suggestions provided by national/local officials at the time of the event e.g. EU COVID pass might be required upon entry. The organizer will inform of the requirements closer to the event – situation can change also on a short notice. Please, check the restrictions regarding traveling to Finland on:

<https://valtioneuvosto.fi/en/information-on-coronavirus/current-restrictions/travel-to-and-from-finland>

WELCOME TO HELSINKI!

Competition Director Ms Eija Laiho

fido.icedance@gmail.com

Distribution Invited countries: Belgium, Denmark, Estonia, France, Ireland, Germany, Latvia, Poland, Sweden, UK

Cc: FFSA Anne Fagerström

Appendices Entry form
Planned program content form

Please follow our web pages: <https://hl.fi/fido2023>